

CLOSE™ the Gaps

Presented by:
Ellen Feldman Ornato, Partner
Chief Growth Officer

the
Bolder
company

CATALYST
A WOMEN IN INDUSTRY CONFERENCE
MANUFACTURE
ALABAMA



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Thanks!

We often approach learning like this...



Without
Intention
and
Attention...

we may
believe
something
because we
want it to be
so.



The Aspiration Gap



CLOSE™ the Gaps



 Connect

 Listen

 Own Your Impact

 Speak Up

 Engage with Emotional Intelligence

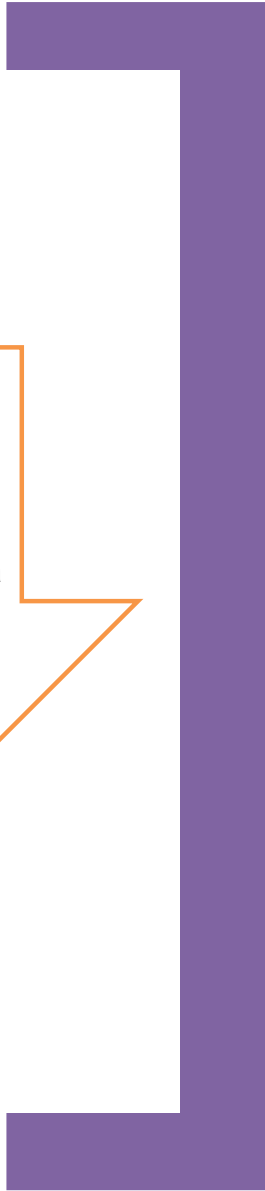
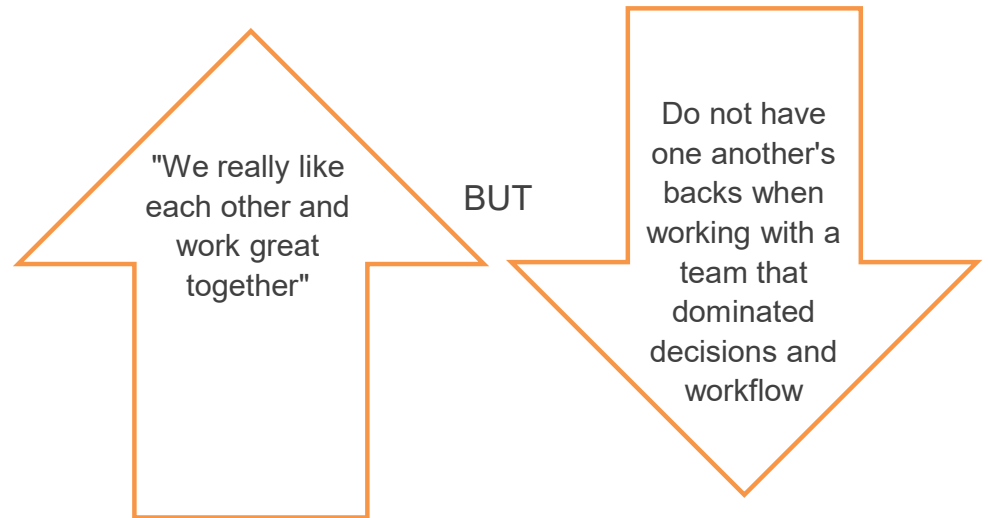
Connect

Build meaningful relationships that are characterized by trust, respect, compassion, and understanding





Connect



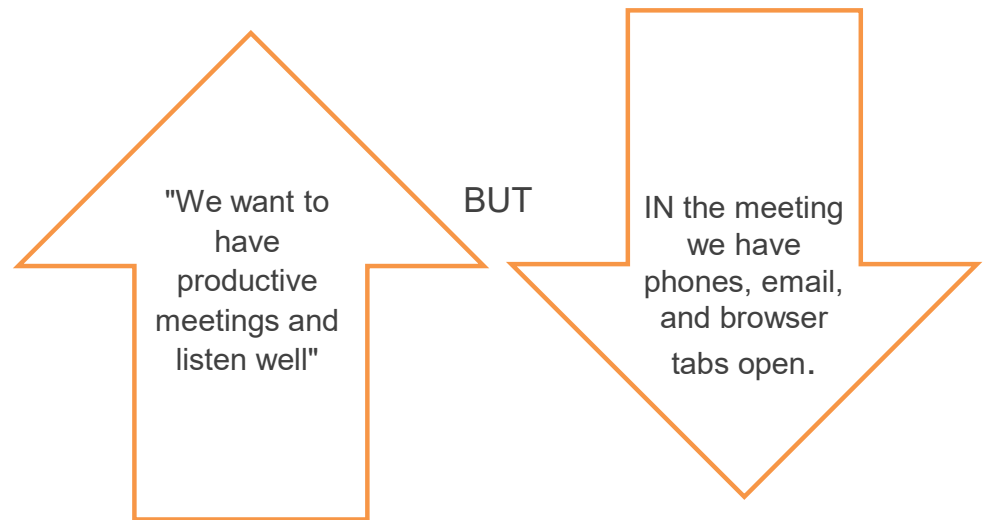
Listen

Go beyond “active listening” and seek to understand, co-create, suspend our inner judge and be fully present





Listen



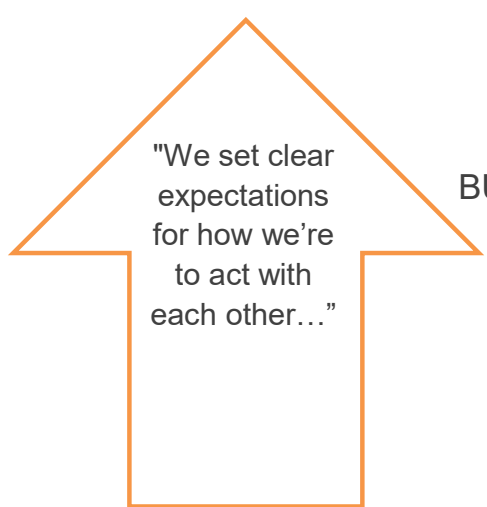
Ownership

- Own your impacts! How do you affect others with your words, attitude, actions?
- We all have “positive” and “negative” impacts that we see and don’t see.



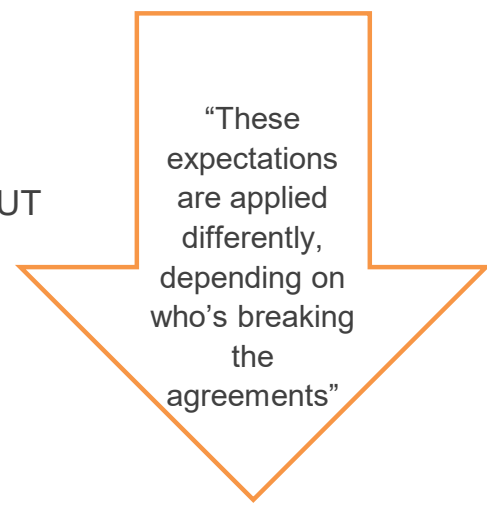


Own Your Impacts



"We set clear expectations for how we're to act with each other..."

BUT



"These expectations are applied differently, depending on who's breaking the agreements"

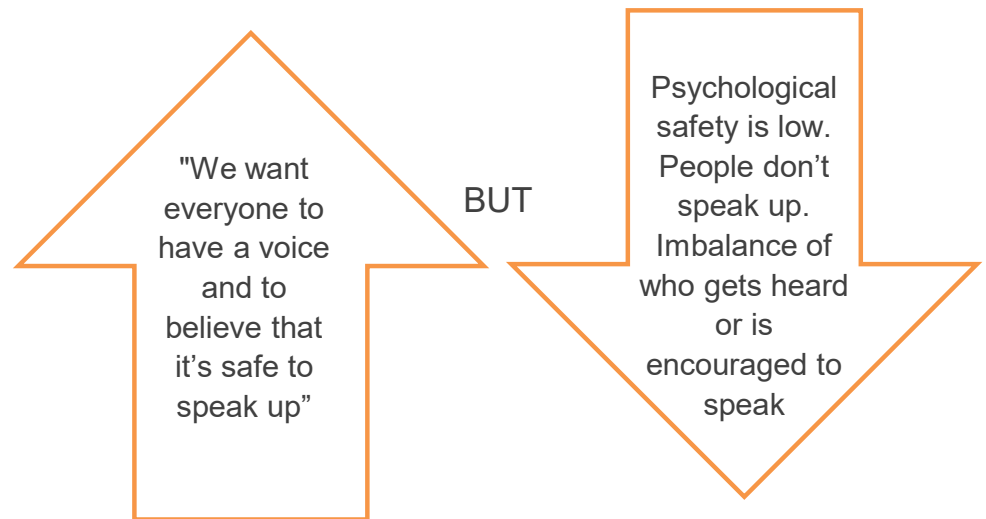
Speak Up

- Be brave and sensitive.
- Clarify
- Help & be helped
- Clean up and prevent miscommunication & stress.
- Mindfulness matters





Speak Up



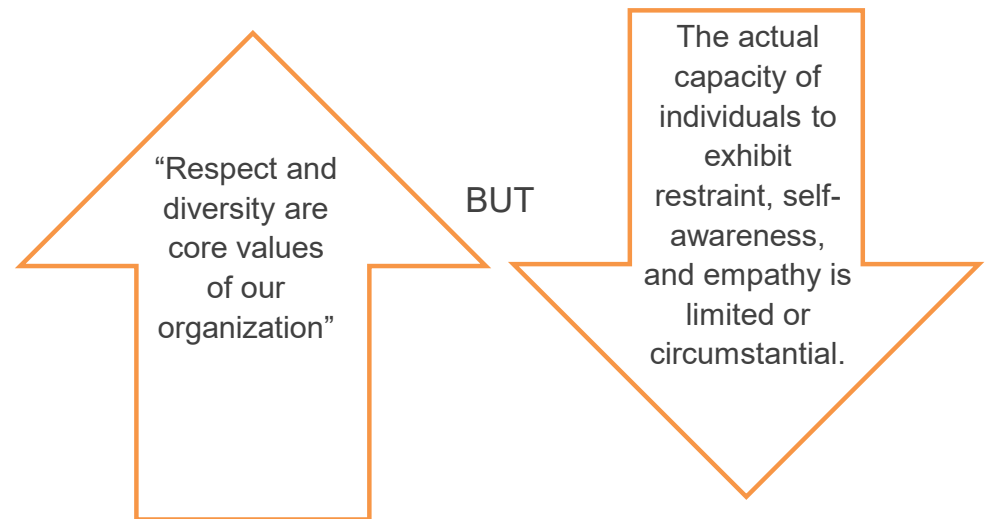
Engage with Emotional Intelligence

- Be self-aware, adjust your approach to the needs of the moment.
- Notice your emotions rising.
- Respond from Choice v React





Engage with Emotional Intelligence



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Thank you!

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Ellen Feldman Ornato
Founding Partner